

**Bureau of Prisons
Health Services
Clinical Encounter**

Inmate Name: SHUBART, MATTHEW EDWARD	Reg #: 14211-085
Date of Birth: 05/18/1979	Sex: M Race: WHITE Facility: LAT
Encounter Date: 05/18/2020 14:20	Provider: Osaade, Elizabeth NP Unit: C01

Chronic Care - Advanced Practice Provider Follow Up encounter performed at Health Services.

SUBJECTIVE:

COMPLAINT 1 **Provider:** Osaade, Elizabeth NP

Chief Complaint: Chronic Care Clinic

Subjective: 40 year old male inmate present for MLP CC Follow up without any other complaint except for request for an extra pillow to support his joint during bed time.
Patient notes back pain, elbow pain and knee pain have remained stable; notes worsening of early morning joint stiffness.

Patient is followed at CCC for RA. Patient was last evaluated by rheumatology on 10 January 2020 with no change/s to medication. Inmate was last seen by optometrist on 22 January 2020; no retinopathy noted per optometry note; inmate was prescribed new pair of eyeglasses.

Inmate notes he stretches his joints on daily basis to maintain joint function and minimize joint stiffness.

Pain: Not Applicable

Seen for clinic(s): Orthopedic/Rheumatology

ROS:

General

Constitutional Symptoms

No: Chills, Fever

Integumentary

Hair

Yes: Within Normal Limits

Nails

Yes: Within Normal Limits

Skin

Yes: Within Normal Limits

HEENT

Ears

Yes: Within Normal Limits

Eyes

Yes: Within Normal Limits

Head

Yes: Within Normal Limits

Cardiovascular

General

Yes: Within Normal Limits

Pulmonary

Respiratory System

Yes: Within Normal Limits

Inmate Name: SHUBART, MATTHEW EDWARD

Date of Birth: 05/18/1979

Encounter Date: 05/18/2020 14:20

Sex: M Race: WHITE

Provider: Osaade, Elizabeth NP

Reg #: 14211-085

Facility: LAT

Unit: C01

ROS:

GI

General

Yes: Within Normal Limits

Musculoskeletal

General

Yes: Arthritis, Elbow Pain, Gait Abnormality, Joint pain, Knee Pain, Low Back Pain, Mid-back Pain, Shoulder Pain, Stiffness, Wrist Pain

Neurological

Autonomic System

Yes: Within Normal Limits

Cranial Nerves

Yes: Within Normal Limits

Motor System

Yes: Within Normal Limits

Sensory System

Yes: Within Normal Limits

OBJECTIVE:

Temperature:

<u>Date</u>	<u>Time</u>	<u>Fahrenheit</u>	<u>Celsius</u>	<u>Location</u>	<u>Provider</u>
05/18/2020	14:20 LAT	97.7	36.5	Oral	Osaade, Elizabeth NP

Pulse:

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Location</u>	<u>Rhythm</u>	<u>Provider</u>
05/18/2020	14:20 LAT	80	Via Machine	Regular	Osaade, Elizabeth NP

Respirations:

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Provider</u>
05/18/2020	14:20 LAT	16	Osaade, Elizabeth NP

Blood Pressure:

<u>Date</u>	<u>Time</u>	<u>Value</u>	<u>Location</u>	<u>Position</u>	<u>Cuff Size</u>	<u>Provider</u>
05/18/2020	14:20 LAT	124/86	Left Arm	Sitting	Adult-large	Osaade, Elizabeth NP

SaO2:

<u>Date</u>	<u>Time</u>	<u>Value(%)</u>	<u>Air</u>	<u>Provider</u>
05/18/2020	14:20 LAT	97	Room Air	Osaade, Elizabeth NP

Weight:

<u>Date</u>	<u>Time</u>	<u>Lbs</u>	<u>Kg</u>	<u>Waist Circum.</u>	<u>Provider</u>
05/18/2020	14:20 LAT	242.6	110.0		Osaade, Elizabeth NP

Exam:

General

Affect

Yes: Pleasant, Cooperative

Appearance

Yes: Appears Well, Alert and Oriented x 3

Inmate Name: SHUBART, MATTHEW EDWARD

Date of Birth: 07/07/1979

Encounter Date: 05/18/2020 14:20

Sex: M Race: WHITE
Provider: Osaade, Elizabeth NP

Reg #: 14211-085

Facility: LAT

Unit: C01

Exam:

No: Appears in Pain, Writhing in Pain

Skin

General

Yes: Within Normal Limits, Dry, Skin Intact

Head

General

Yes: Symmetry of Motor Function, Atraumatic/Normocephalic

No: Tenderness on Palpation

Eyes

General

Yes: PERRLA

Neck

General

Yes: Within Normal Limits, Symmetric, Trachea Midline

Pulmonary

Observation/Inspection

Yes: Within Normal Limits

Auscultation

Yes: Clear to Auscultation

Cardiovascular

Observation

Yes: Within Normal Limits, Normal Rate, Regular Rhythm

Auscultation

Yes: Regular Rate and Rhythm (RRR), Normal S1 and S2

Abdomen

Auscultation

Yes: Normo-Active Bowel Sounds

Musculoskeletal

Elbow

Yes: Neurovascular Intact, Joint Deformity, Swelling, Decreased Range of Active Motion, Decreased Range of Passive Motion, Crepitus

No: Full Range of Motion, Normal Bony Landmarks, Rash/Lesions, Ecchymosis, Erythema, Ligamentous Laxity, Subcutaneous Nodules, Locking, Laceration(s), Contusion(s), Hematoma

Knee

Yes: Neurovascular Intact, Decreased Range of Active Motion, Decreased Range of Passive Motion

No: Normal Bony Landmarks, Rash/Lesion(s)

Exam Comments

Crepitus heard on flexion/extension of the neck.

ASSESSMENT:

Rheumatoid arthritis, 714.0 - Current

PLAN:

Renew Medication Orders:

Rx# Medication

Order Date

Inmate Name: SHUBART, MATTHEW EDWARD
Date of Birth: 07/17/1979
Encounter Date: 05/18/2020 14:20

Sex: M Race: WHITE
Provider: Osaade, Elizabeth NP

Reg #: 14211-085
Facility: LAT
Unit: C01

Renew Medication Orders:

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>
150129-LAT	Tofacitinib Citrate Oral Tablet 5 MG Prescriber Order: Take one tablet (5 MG) by mouth two times a day ***non-formulary approved*** expires 5/4/20 x 90 day(s) Indication: Rheumatoid arthritis	05/18/2020 14:20
150128-LAT	Nabumetone 500 MG Tab Prescriber Order: Take two tablets (1000 MG) by mouth two times a day after meals x 90 day(s) Indication: Rheumatoid arthritis	05/18/2020 14:20
150127-LAT	Leflunomide 10 MG Tab Prescriber Order: Take one tablet (10 MG) by mouth each day x 90 day(s) Indication: Rheumatoid arthritis	05/18/2020 14:20

Disposition:

Follow-up at Sick Call as Needed
Follow-up at Chronic Care Clinic as Needed

Other:

40 year old male patient seen for MLP CC Follow up. Medication renewed and questions/concerns were addressed as appropriate.
Request for 1 extra pillow was granted. MDS updated.
Inmate had no additional questions - discharged back to housing unit.

Allergies verified and reviewed. Updated if applicable. See Chart: Allergies for most recent patient allergy list.

Patient given return precautions.

Patient to follow up at sick call for any acute issues. Patient acknowledges and verbalized understanding.

MDS - Reviewed - Lower bunk. Soft shoe pass.

Follow-up - Scheduled - 1 year Physician CCC.

Med Hold Status - Not on medical hold.

Diagnosis - Have been updated

BMI: 34.8%

Patient Education Topics:

<u>Date Initiated</u>	<u>Format</u>	<u>Handout/Topic</u>	<u>Provider</u>	<u>Outcome</u>
05/19/2020	Counseling	Plan of Care	Osaade, Elizabeth	Verbalizes Understanding
05/19/2020	Counseling	Pain Management	Osaade, Elizabeth	Verbalizes Understanding

Copay Required: No

Cosign Required: Yes

Telephone/Verbal Order: No

Completed by Osaade, Elizabeth NP on 05/19/2020 08:43

**Bureau of Prisons
Health Services
Clinical Encounter**

Inmate Name: SHUBART, MATTHEW EDWARD	Sex: M	Race: WHITE	Reg #: 14211-085
Date of Birth: 07/07 1979	Provider: Osaade, Elizabeth NP	Facility: LAT	Unit: C01
Encounter Date: 04/23/2020 09:16			

Mid Level Provider - Follow up Visit encounter performed at Health Services.

SUBJECTIVE:

COMPLAINT 1 **Provider:** Osaade, Elizabeth NP

Chief Complaint: GENERAL

Subjective: 40 year old inmate present to request compassionate release review/assessment.

Inmate informed about policy (5050.50) and CPG.

Inmate voiced knowledge about these rules/policy "I know what those rules/policy says but our family Dr. told me I meet the category for compassionate release because of the medications that I take; our family Dr. and my mom asked me to put in the request".

Inmate was informed that all the required forms and document will be submitted and decision are made by region.

Inmate voiced "I know that".

No an other concern voiced.

Pain: No

ROS:

General

Constitutional Symptoms

No: Chills, Fever

Cardiovascular

General

Yes: Within Normal Limits

Pulmonary

Respiratory System

Yes: Within Normal Limits

Musculoskeletal

General

Yes: Arthritis, Elbow Pain, Knee Pain, Low Back Pain

OBJECTIVE:

Temperature:

<u>Date</u>	<u>Time</u>	<u>Fahrenheit</u>	<u>Celsius</u>	<u>Location</u>	<u>Provider</u>
04/23/2020	09:37 LAT	98.4	36.9	Oral	Osaade, Elizabeth NP

Pulse:

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Location</u>	<u>Rhythm</u>	<u>Provider</u>
04/23/2020	09:37 LAT	95	Via Machine	Regular	Osaade, Elizabeth NP

Respirations:

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Provider</u>
04/23/2020	09:37 LAT	18	Osaade, Elizabeth NP

Blood Pressure:

<u>Date</u>	<u>Time</u>	<u>Value</u>	<u>Location</u>	<u>Position</u>	<u>Cuff Size</u>	<u>Provider</u>
04/23/2020	09:37 LAT	136/87	Left Arm	Sitting	Adult-regular	Osaade, Elizabeth NP

Inmate Name: SHUBART, MATTHEW EDWARD Reg #: 14211-085
Date of Birth: 1979 Sex: M Race: WHITE Facility: LAT
Encounter Date: 04/23/2020 09:16 Provider: Osaade, Elizabeth NP Unit: C01

<u>Date</u>	<u>Time</u>	<u>Value</u>	<u>Location</u>	<u>Position</u>	<u>Cuff Size</u>	<u>Provider</u>
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SaO2:

<u>Date</u>	<u>Time</u>	<u>Value(%)</u>	<u>Air</u>	<u>Provider</u>
04/23/2020	09:37 LAT	99	Room Air	Osaade, Elizabeth NP

Weight:

<u>Date</u>	<u>Time</u>	<u>Lbs</u>	<u>Kg</u>	<u>Waist Circum.</u>	<u>Provider</u>
04/23/2020	09:37 LAT	239.4	108.6		Osaade, Elizabeth NP

Exam:

General

Affect

Yes: Pleasant, Cooperative

Appearance

Yes: Appears Well, Alert and Oriented x 3

Pulmonary

Observation/Inspection

Yes: Within Normal Limits

Cardiovascular

Observation

Yes: Within Normal Limits, Normal Rate, Regular Rhythm

ASSESSMENT:

Rheumatoid arthritis, 714.0 - Current

Diverticulosis of intestine, K5790 - Current

Hyperlipidemia, unspecified, E785 - Current

Umbilical hernia, K429 - Current

PLAN:

Disposition:

Follow-up at Sick Call as Needed

Follow-up at Chronic Care Clinic as Needed

Other:

40 year old male inmate present requesting compassionate release.

Reduction in sentence Medical Review/Summary form filled.

Most recent lab report, clinical encounter note and specialist progress note attached to form; paper work submitted to HSA.

Allergies verified and reviewed. Updated if applicable. See Chart: Allergies for most recent patient allergy list.

Patient given return precautions.

Patient to follow up at sick call for any acute issues. Patient acknowledges and verbalized understanding.

MDS - Reviewed - Lower bunk.

Follow-up - Scheduled - 6 months MLP CC Follow up.

Inmate Name: SHUBART, MATTHEW EDWARD

Date of Birth: 07/12/1979

Encounter Date: 04/23/2020 09:16

Sex: M Race: WHITE
Provider: Osaade, Elizabeth NP

Reg #: 14211-085

Facility: LAT

Unit: C01

Med Hold Status - Not on medical hold.

Diagnosis - Have been updated

Patient Education Topics:

Date Initiated Format

04/23/2020 Counseling

Handout/Topic

Plan of Care

Provider

Osaade, Elizabeth

Outcome

Verbalizes
Understanding

Copay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Completed by Osaade, Elizabeth NP on 04/23/2020 09:44